

FOOD ACROSS CULTURES

"Foodways Across Cultures: an International Exploration of What and How We Eat"

25th - 28th June 2018
University of Vic - Central University of Catalonia













Aims

- · Become familiar with dietary practices specific of different countries.
- · Understanding programs and experiences in the field of multicultural inclusion.
- · Knowing the features and tools tailored in multicultural communication.

Contents

Monday 25th 10:00-11:00h Arriva

Arrival, welcome and ice

breaker dynamic

11:00-13:00h Workshop Foods and Cultures

of the World

13:30h Lunch 15:00-18:00h **Field Visit**

Tuesday 26th

09:00-11:00h Social Event at the Vic's Main

Square

11:30 - 13:30h Workshop: Good practices

in Multicultural Inclusion

Projects

13:30h Lunch

15:00-17:00h Workshop: Multicultural

Feeding

17:30-19:00h Workshop: Multicultural Advice

Wednesday 27th

09:00-13:00h **Field Visit** 13:30h Lunch

15:30-17:30h Workshop: Multicultural

cuisine

Thursday 28th

Morning Final Big Group Workshop
14:00h Closing Lunch

Methodology

The contents will be carried out through workshops and participatory dynamic.

Teachers

- · Miriam Torres, Lecturer at UVic-UCC (Spain)
- · Anna Vila, Lecturer at UVic-UCC (Spain)
- · Anna Ramon, Lecturer at UVic-UCC (Spain)
- Annemarie Nijhof, lecturer at HAN University (Netherlands)

- Almi Hanselman, Lecturer at HAN University (Netherlands)
- · Iskender Karalti, Lecturer at Yeditepe Univerity (Turkey)
- Tonnie Van Genugten, The Hague Unniversity of Applied Sciences (Netherlands)
- Nisrine Souny Slitine, Institut des Hautes Etudes Paramédical du Sud (Morocco)

Aimed to

Aimed to Nutrition Bachelor students and Graduates in Nutrition from the last academic year.

Certification

UVic-UCC academic recognition: 1 ECTS

Coordinators

Miriam Torres, UVic-UCC (miriam.torres@uvic.cat) Montse Romero, UVic-UCC (montse.romero@uvic.cat)

Participation fee and registration

Foreigner students 260€ (including 3 nights at the Canonge Collell Hostel, all the meals from Monday lunch to Thursday lunch, tuition fees and course materials). Not included: the travelling costs, drinks and snacks during barevenings and leisure.

Local students without accomodation 120€ (including lunches, coffee breaks, tuition fees and course materials).

Registrations will open in April.

How to get to Vic

The closest airports are El Prat, near Barcelona (around 70km from Vic), and Girona Airport (around 60km away). From Girona Airport there is a bus service to Girona city centre. From there you can take the Eix Bus to Vic. Some buses on this route stop at the airport too. A train service runs every 30 minutes from Barcelona Airport to Barcelona-Sants, where you can take a connection to Vic (Line 3).