



SPU Summer School 2019

2019. July 29th Monday – 2019. August 6th Tuesday

Update 18th Feb 2019

Name

1. Aim

We would like to bring together SPU and international students to learn about medicine, health and welfare services, especially focusing on older adults through inter-professional team approach. Participants of this program will gain new competencies in dealing with complex due to the rapid growth of aging populations meanwhile shrinking working populations and learn how to efficiently cooperate with each other.

2. Tasks

Participants are expected to do the following tasks

- 1) Prior to departure: Submitting a kick-off report in terms of (1) why you applied for the SPU Summer School 2018, (2) what you would like to learn, and (3) what you would like to experience in terms of cultural aspects

Report submission to nakamura-hiromi@spu.ac.jp due day: 30th June 2019, 23:59 your local time

- 2) During your summer school: Participants are expected to (1) participate in vigorous discussions, (2) be improve one's cultural competence, such as being aware of cultural differences and being able to deal with difficulties based on cultural differences, and (3) perform an oral presentation on the final day (within 3 minutes per student without slides)

- 3) After going back to each country, submitting a final report in terms of (1) what you learned, (2) your cultural experience, (3) what you need for your future professional career, (4) opinions or feedback about the SPU Summer School 2018, (6) short report for nursing department in SOKA municipal hospital (this item is required for students participated in the field placement in SOKA municipal hospital) and (7) others.

Report submission to nakamura-hiromi@spu.ac.jp due day: 31th August 2019, 23:59 your local time

Pictures are recommended to be attached to the final report.

Word file is recommended.

The PDF file is NOT RECOMMENDED because of difficulties in data analysis. Some parts of your reports are going to be provided for your host families, clinical supervisors and SPU faculty members who are in charge of lecture sessions.

- 4) Exchange students **do not have to bring a laptop** as we do not inquire to do presentation with slides. We expect you to express your opinions orally at the opening ceremony, lectures, clinical fieldwork activities, closing ceremony, and farewell party as well as discussions with your host families.

2. Daily schedule

27 th July Saturday	Arriving day : Swiss students, expected to be at the same airport, same time as there is only one SPU member picks up the students				
28 th July Sunday	Arriving day : Hong Kong students, expected to be at the same airport, same time as there is only one SPU member picks up the students				
	9:30-10:30	10:50-11:50	13:10-14:10	14:30-15:30	15 : 50-16:50
29 th July Monday	9:00 main entrance of the main building 9:30-9:45 Opening ceremony * 9:45-10:30 Course orientation	10:40-11:10 financial procedures (collecting home stay fee by the SPU financial department to avoid issues relate to financial matter between students and host families) and Campus tour	Lecture C1: Understanding Japanese culture, society, attitude (Dr. Nakamura; N146)	TBC	TBC
30 st July Tuesday	TBC	TBC	TBC	TBC	TBC
31 st July Wednesday	TBC	TBC	TBC	TBC	TBC
1 st August Thursday	Fieldwork activity C1: DOKKYO medical university affiliated hospital; Emergency room (observational style)*** Starts 9:00 Finishes 15:30				
2 nd August Friday	Fieldwork activity C2: A national institute for Rehab (Observational style) *** Starts 10:30 Finishes 12:00		Free		
3 rd Aug Saturday	Free				
4 th Aug Sunday	Free				
5 th August Mnday	Fieldwork activity N1: Soka municipal hospital** Starts 8:30 Finishes 16:15 (Nursing students only)				
6 th August Tuesday					

Opening ceremony * (1) assembly time and location: 9:20, Main building, 1st Floor, *(2) Preparation: appropriate clothing is recommended to participate in the ceremonies & to meet seniors due to the seniority/social status system in Japan, **(3) Preparation: wearing inroom shoes such as nursing shoes is recommended.

Calling first name of faculty members is NOT appropriate in public in Japan. In terms of host families, students are required to follow each family.

3. Clinical observations

DOKKYO medical university hospital

- 1) Participants: All
- 2) Purpose: To observe the emergency unit: Dokkyo medical university affiliated hospital is one of the 7 selected hospitals in Saitama for the critical emergency agencies ("Tertiary Emergency Care"-provider).
- 3) Guide: Dr. Nakamura Contact in emergency: Prof., Dr. Nakamura nakamura-hiromi@spu.ac.jp , +819025614188
- 4) Preparation: Name tag, Uniform, A pair of shoes, no coloring nails, shaving neatly is required for male students according to the hospital regulations and health professionals in Japan are expected a high social standard
- 5) Prohibition: taking photos of patients, their families, and every personal data regarding patients and their families
- 6) Daily schedule
Assembling time and location: 8:45, 2nd August 2018, in front of Starbucks Coffee shop, 2nd floor, Shin-Koshigaya station (TOBU line)

9:00	Gathering at the nursing department
9:00-9:10	Changing into uniform
9:10-10:00	Orientation
10:00-12:00	Observation at the Emergency department
12:00-13:00	Lunch break
13:00-15:00	Observation at the Rehab room
15:00-15:30	Closing

- 7) Dining, convenient store is available in the hospital; convenience store is available outside the hospital
It is terribly hot, not bringing any food is recommended to avoid food poisoning.
 - 8) Changing room is provided
 - 9) Basic knowledge for visiting
- # Current Emergency care system in Japan

The most critically ill or injured has been the emphasis on Emergency/Acute Care in Japan since 1960's. The system was set up to better utilize

resources for patients depending on their acuity of the problem. There are three different levels of designated Emergency Care in Japan:

"Primary Emergency Care"-provide patients with low-acuity conditions who can be safely discharged to home.

"Secondary Emergency Care"-provide patients with moderate-acuity conditions who require admission to a general inpatient bed.

"Tertiary Emergency Care"-provide patients with high-acuity conditions who require admission to the intensive care or emergency surgery.

In major metropolitan areas, each medical facility has a designation of which level of Emergency Care they can provide and accept patients from EMS accordingly.

National Institute of Rehabilitation

- 1) Participants: All
- 2) Location: 1, Namiki 4-chome, Tokorozawa City, Saitama Prefecture 359-8555, Japan
Telephone: 81-4-2995-3100 Fax: 81-4-2995-3102
- 3) Purpose: To observe the national institute of rehabilitation: the leading institute of national rehab
- 4) Guide: Dr. Nakamura Contact in emergency: Prof., Dr. Nakamura nakamura-hiromi@spu.ac.jp , +819025614188
- 5) Prohibition: taking photos of patients, their families, and every personal data regarding patients and their families
- 6) Daily schedule
Assembling time and location: 8:40, 3rd August 2018, in front of Starbucks Coffee shop, 2nd floor, Shin-Koshigaya station (TOBU line)
8:45 Minamikoshigaya (JR line) to 9:18 Shin-akitsu, walk 9 minutes, 9:30 Akitsu (SEIBU line) to 9:33 Tokorozawa,
9:37 Tokorozawa (SEIBU line) to 9:39 Koku-koen, 9:55 Koku-koen (bus) to 9:59 National Institute of Rehab

10:30-11:00	orientation
11:00-12:00	observation

- 7) Free after 12:00
- 8) Basic knowledge for visiting (Leaflet which is going to be provided at the orientation)

SOKA municipal hospital

- 1) Participants: **Nursing students only**
- 2) To experience nursing clinical practice in Japan through 2 day fieldwork activities in SOKA municipal hospital: Students are paired.
- 3) **Assembly time and location:**

date	Assembly time	location	Transportation plan	Starts the clinical practices after changing
2018.8.6 Mon	7:45	SOKA station (TOBU line)	7:50 bus, arriving at the hospital at 7:54	9:00
2018.8.7 Tue	7:45	SOKA station (TOBU line)	7:50 bus, arriving at the hospital at 7:54	8:20

- 4) Guide: Dr. Nakamura Contact in emergency: Prof., Dr. Nakamura nakamura-hiromi@spu.ac.jp , +819025614188
- 5) Preparation: Name tag, **Uniform, A pair of shoes, no coloring nails, shaving neatly is required for male students** according to the hospital regulations and health professionals in Japan are expected a high social standard
- 6) **Prohibition: taking photos of patients, their families, and every personal data regarding patients and their families**
- 7) Dining, convenient store is available in the hospital; convenience store is available outside the hospital
It is terribly hot, not bringing any food is recommended to avoid food poisoning.
- 8) Basic knowledge for visiting
A Secondary Emergency Care provider
Medical courses: Internal Medicine (including Collagen diseases, Kidney diseases, Respiratory system, Circulatory system, Digestive system), Pediatrics, Obstetrics, Surgery, Dermatology, Gynecology, Orthopedic surgery, Urology, Nephrology, Surgery, Cardiology, Cardiac Surgery, Department of Endocrinology and Metabolism

9) Daily schedule

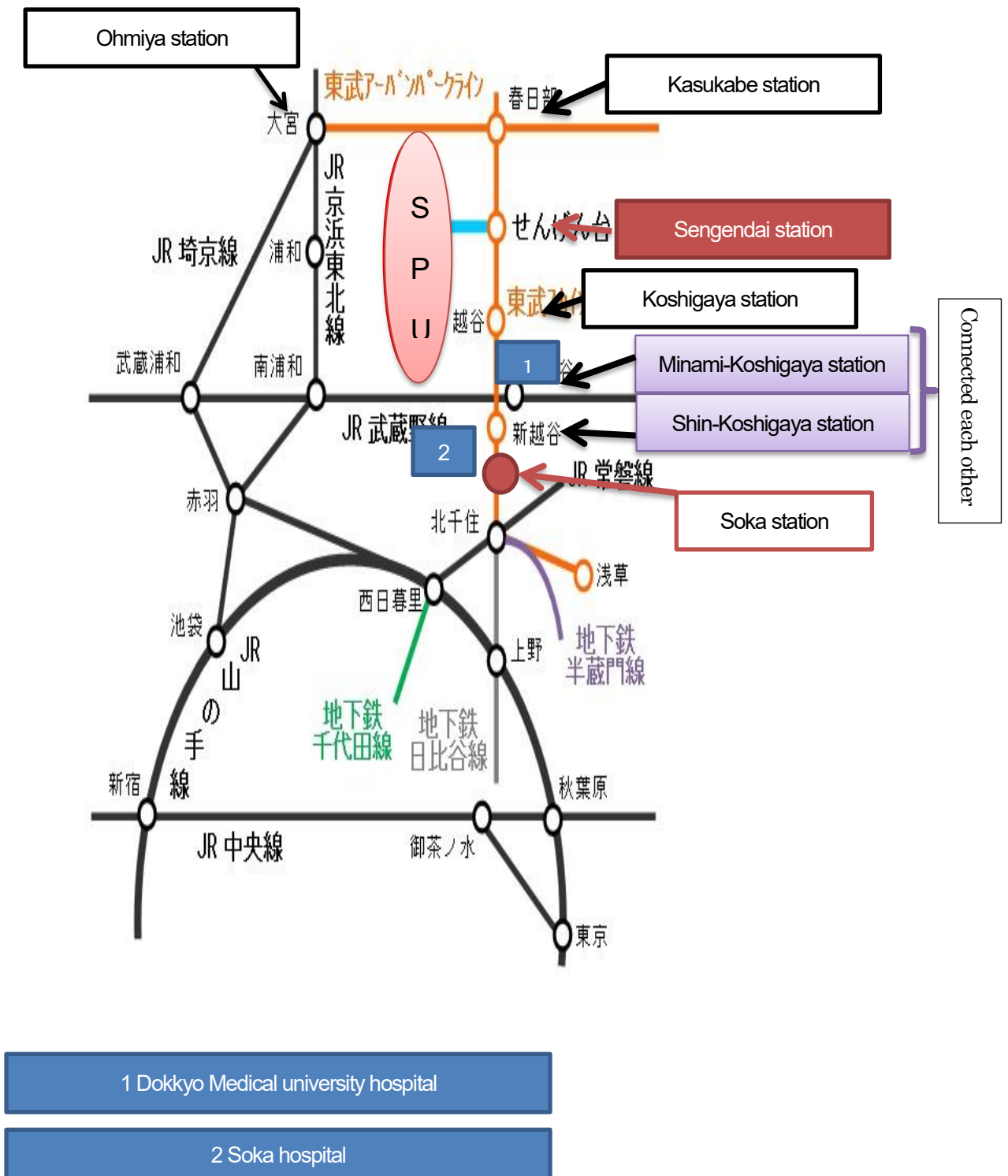
Days	Contents	Place
6 th August Monday	8:20 Greeting at the entrance of the hospital & Changing into uniform	Changing room in the basement for women The conference room in the different building for men
	9:00-10:30 Orientation & tour guided by the head nurse	The conference room on the 3rd floor
	10:40-12:00 Observational fieldwork: students are paired and dispatched different courses	

	12:00-13:00 Lunch & rest	The conference room on the 3rd floor
	13:00-16:00 Observational fieldwork at each department: students are paired and dispatched different courses	
7 th August Tuesday	8:30-12:00 Observational fieldwork at each department: students are paired and dispatched different courses	
	12:00-13:00 Lunch & rest	The conference room on the 3rd floor
	13:00-15:00 Observational fieldwork at each department: students are paired and dispatched different courses	
	15:00-16:15 Reflection and feedback or exchange opinions with the head nurse and section managers in each department including a closing celemony	The conference room on the 3rd floor

10) Paris between students. Students are dispatched in different sections.
(Under arranging)

11) Note: SOKA hospital would like to take pictures of students for monthly report for civilians, such as intruding the international collaborative projects between SOKA and SPU and the hospital's contribution towards international guests. Some of the pictures may be used for the certificates issued by SOKA hospital.

4. Transportation around SPU



5. Transportation :between SPU and Sengenday station: Weekdays

From Sengendai to SPU	
(Delete before 8AM schedule does not seem to be important for you)	
8	05 17 25 30 35 40 45 50 55
9	05 25 45
10	05 15 35 55
11	15 35 55
12	10 25 45
13	05 25 45
14	05 25 45
15	05 25 45
16	05 20 30 40 50
(Delete before 7AM: there is no necessary to be in SPU earlier than 9AM; Delete after 17: there is no schedule to be started)	

Transportation: between SPU and Sengenday station: Weekdays

From SPU to Sengendai station	
(Delete before 8AM schedule does not seem to be important for you)	
7	02 21 40 59
8	15 26 34 39 44 49 54 59
9	04 15 35 55
10	15 25 45
11	05 25 45
12	05 20 35 55
13	15 35 55
14	15 35 55
15	15 35 55
16	20 30 40 50
17	00 10 25 40 55
18	05 15 25 35 50
(Delete after 19: going back to each host family earlier is recommended)	