



Global Health

Health & Community Development

During this exchange course Global Health, you will prepare and develop a community-based health (prevention) project. The first 10 weeks you study and prepare your project at the HAN, the last 10 weeks you will work at this project abroad.

More information?

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Follow the latest news on projects on:
<http://hanhealth.nl/>

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In this Minor you will work in an inter-professional and international team on a project anywhere in the world. That is why this course is suitable for students in different fields, like Social Work, Sport Studies, Creative Therapy, Psychology, Health Studies and Nursing. The professors of Sport Studies, Nursing and Social Studies in this course are actually working in a multidisciplinary team themselves. On top of that, we welcome International students.

Social and creative aspects are key in this inter-professional course. We also work with intercultural communication and specific skills you need, like 'How to organize a project'. You will learn to research a (community) health problem, and how to work at this. Think about a health promotion intervention, or an innovative health project.



Examples of projects are:

- Malawi (Community Development)
<https://sjogfoundation.ie/malawi/mental-health/>
- Java (Development 0-4 year olds)
<https://idbh.nl/partners/>
- Bonaire (Primary School)
<https://pelikaanschool.com/>

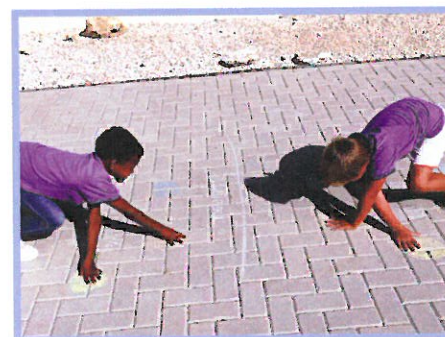
The study program includes theory and methods, practical and creative skills, reflective learning, group work and intercultural communication. The course is divided into two modules, module 1 in The Netherlands, and module 2 abroad, on site.

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Module 1:

Preparatory Project Development

- Defining health (in cultural perspective)
- Intercultural communication
- Using creativity in health promotion
- Health risks, health indicators, health inequality, health determinants, health behavior
- Health research, epidemiology in public health
- Working in an inter-professional international team
- Literature search and quantitative, qualitative and participatory research
- Additional English lessons focused on this minor



Module 2:

Developing a community-based health promotion intervention

- Health promotion & Intervention development
- Intercultural skills
- Behavior change
- Writing skills
- Community participation and empowerment
- Project management, organizational skills
- Presentation techniques
- A 10-week work placement or internship in a foreign country is an integral part of this minor. It is also possible to conduct a 10-week internship in the Netherlands. In that case, it has to be in an intercultural and interdisciplinary setting. This minor is a block exchange course. This means it's only offered once a year, in semester 1.

