

## **Sports & Talent 30 ECTS**

In the Minor Sports & Talent you will contribute to talent identification and talent development in a professional sports organization by using knowledge from the areas of sport physiology, sport psychology and technical/tactical sport skills. You will make use of literature and conduct tests in a group of talented athletes to solve a practical problem put forward by the sports organization. You will translate the results in a practical advice for the sports organization, which helps this organization to enhance its processes of talent identification and talent development.

### **Topics**

- Talent identification
- Talent development
- Sport physiology
- Sport psychology
- Technical and tactical sport skills
- Motor learning

### **Type of course**

- A specialisation course: it enables you to further deepen your skills and knowledge within your own profession (professional profile).
- Also a continuation course: you are interested in conducting more research and are preparing to continue your studies at a university (or to enroll in a Masters Course at a university of applied sciences).

### **Who?**

- You are interested in competitive sports and you like to contribute to the processes of identification and development of talented young athletes.
- You are enrolled in a relevant study, such as: Physical Education Teacher Training, Sport, Health and Management, Sport Exercise Education, Physiotherapy or Sports and Exercise Sciences.

### **Admission and requirements**

- You have successfully completed the 1st year of a higher vocational level course and have basic knowledge of sport physiology, sport psychology and/or exercise theory.
- You can communicate in written and spoken English (at least a B2 level, according to the Common European Framework of Reference).

### **Information**

HAN Sports & Exercise, Mr. Sebastiaan Platvoet  
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### **Deadlines and application**

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